

## The Tennessee Valley Authority Retirees Association 2008

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The TVA Retirees Association

### Valleywide Officers

Ron Loving, *President*

Rowena Belcher, *Secretary*

Tom Swanson, *Vice President*

Jim Green, *Treasurer*

## MARCH 2008 NEWS

## TVA TURNS 75

by Carolyn Bradley-Minter

For some in the Tennessee Valley, the memory is as sharp as if it happened just yesterday: the magic of pulling the cord that gave their home its first electric lights.

But this is the year that TVA will mark its 75th year of service to the Valley. May 18, 2008, will be the anniversary of the day President Franklin D. Roosevelt signed the TVA Act into law. (See related story on pages 6 and 7.) From that signing, history was made as the Tennessee Valley Authority was created.

"TVA is excited about this historic event," says Katie Bell, Senior Manager, Community Relations. "Our theme of 'Powerful past; bright future' celebrates TVA's significant contributions to the Valley and the nation during the past 75 years, and it communicates our relevant role in the future."

"I am also pleased to note that TVA retirees will be included in a variety of activities that will take place throughout the year to commemorate the event."

Bell says plans are still being final-



ized for celebrations that will take place at TVA plants and sites and in the communities where employees and retirees live.

Among the celebrations and

*Continued on Page 7*

## TVARA Quarterly Board Meeting

On Feb. 7, the TVARA Valleywide leadership team and chapter officers, along with TVA and BVI representatives, convened in Nashville for their quarterly business meeting.

New officers and TVARA Board members were introduced, and TVARA President Ron Loving gave a summary of activities and accomplishments for 2007, followed by a

discussion of what to expect for this year.

Goals for 2008 include focusing on membership recruitment, communications, and wellness; implementing a TVARA Strategic Planning process; actively participating in celebrating TVA's 75th anniversary; hosting a Valleywide leadership conference; and increasing opportunities for

community service.

An update of the TVA Retirement System was provided by Randy Snyder, TVA's Vice President of Retirement Services, and Frank Alford, TVARS Board Director. Both assured that the pension plan portfolio of assets continues to be "safe and sound" — with adjustments

*Continued on Page 3*

## RON WRITES

by Ron Loving

TVARA Valleywide President

I extend greetings and well wishes to each of you for continued health and success in 2008.

You know, the word "Retirees" appears prominently in our association's name. This word is not a good descriptor, however, of how our members are using their many talents since leaving TVA.

In the pages to follow, you will read just a few examples of what some TVA alumni are up to in post-TVA activity. (See "REDEFINING RETIREMENT" features on pages 3, 5, 8, and 9.)

This year promises to be very exciting for TVARA as we focus on building and improving our association. We will recruit new members and leaders and

develop a strategic-planning process that will guide us into the future.

We will also have the honor of helping TVA celebrate its 75th birthday. (See related stories on this page and on pages 6 and 7.)

It is certainly noteworthy that the New Deal agency is still carrying out its historic mission.

# TVARA Members Walked More Than Twice Around the World

by Pat Miller  
TVARA Health Committee

With returns (step counts, that is) still pouring in, TVARA participants in the Fall into Step Program have already logged the equivalent of more than 52,000 miles — that's more than twice around the earth's equator.

More than 550 members signed up for the program, and nearly 400 have reported their results. That is great when you remember that these walkers are scattered across the TVA region, plus 20 participants in the Florida Chapter, as well.

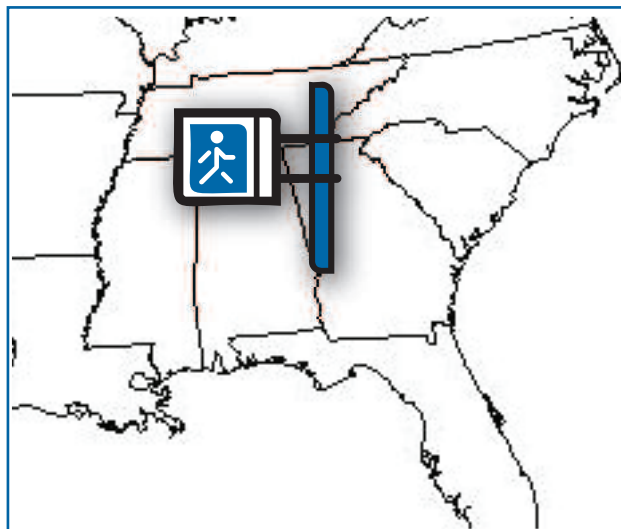
TVARA chapters held celebrations recognizing walkers' success at the December meetings. But it's not too late to record your results. If you haven't already done so, be sure to turn in your steps at the next chapter meeting and receive your gift copy of TVARA's 40th Anniversary Commemorative Cookbook.

This first-ever TVARA cookbook (featuring TVARA cooks throughout the region) was especially created for the walkers in appreciation for their willingness to take those extra steps for better health.

The 10-Week Walking Program, which kicked off in October, was made possible by teaming up with AARP and its national walking program.

The TVARA program was tailored to allow participants to walk at their own pace and schedule — and to record their results using special step-counters provided by AARP and TVA.

AARP played a huge role in making this program happen, from

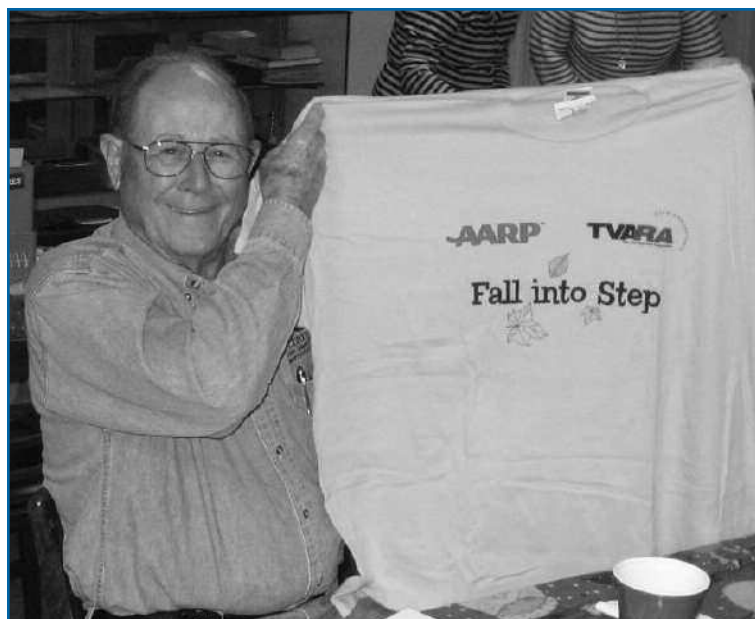


the step-counters to printed materials to special prizes and shirts.

The TVARA Health Committee is very pleased that chapters and members worked so hard to make this joint effort a success.



Health Coordinator Margaret Parrish awards a T-shirt to David Record, one of the Paducah Chapter Fall Into Step winners.



Van Conder, the Gallatin TVARA Chapter's top Fall Into Step walker, recorded more than a million steps

## Attention, Fall Into Step Walkers! Cash in Your TVARA Cookbook Rain Check.

The special Commemorative 40th Anniversary TVARA Cookbook is now available. If you participated in the Fall into Step Walking Program, just bring your rain check or your step count (if you not already submitted it) to your next chapter meeting and claim your special gift copy. (The Clem & Slim cartoon on page 12 of this issue of TVARA News also appears in the cookbook.)

# Henrys Taking a Different Course, Post-TVA

by Rowena Belcher  
Editor, TVARA News

When recently flipping through the pages of my edition of Webster's New World Dictionary, I came across a word sorely in need of a new definition.

RETIRING, according to experts of a quarter-century ago, meant "drawing back from contact with others, from publicity, etc."

I must say that in the nearly three years since "retiring" myself and after meeting folks in the TVARA community, I would have missed the crossword-puzzle clue linking these two.

Take for example **Carlene** and **Sam Henry** of Signal Mountain, Tenn.

Both of the Henrys enjoyed long-term TVA careers, and they have certainly done anything but draw back after retiring.

Carlene was in her mid-50s when she retired in 2005 after almost 26 years with TVA. She was an Executive Administrative Assistant in the Fossil Power Group.

Sam, now 60, retired in 2000. He completed a 25-year career as a Project Manager in Transportation.

Preparations for the day they would both be retired were focused on making sure finances were in good shape. Good planning has paid off — surprises being kept to a minimum and found in good ways, they say.

"Our biggest surprise is how active we have become," Carlene says. "By no longer being at a desk and becoming more physically active, we lost 20-plus pounds each. And, there is

always something to do or some place to go.

"We get so busy with 'life' sometimes that we have to make lists of things that need to get done so we won't overlook them. We even recently found that we had to revert back to our time-management training and buy a new Franklin Planner, which we had said we would never use again!"

So what might a typical day look like for this husband-wife team?

Well, that depends on the weather.

"If it is over 55 degrees, sunny and no wind, we will be on the golf course," Sam says.

In fact, golf

has become the name of their game. Before Carlene's retirement, Sam became involved with the Chattanooga Golf Classic and the 2005 USGA Mid-Amateur Championship.

New doors were then opened: Both of them were asked to assist in the 2006 U.S. Open at the Winged Foot Golf Course in New York and, later, the 2007 U.S. Open at the Oakmont Golf Course in Pittsburgh.

And when they are not working it, they are playing it. Last year's travels took them to a number of destinations from Florida to Canada. In 2008, plans include playing more new places, attending the Masters Golf Tournament, and working at the 2008 U.S. Open at Torrey Pines Golf Course in San Diego.

So, might there be any future poten-



Sam & Carlene Henry

tial of joining with other baby boomers who return to the job market after giving retirement a try?

It would be doubtful. Sam says when he first retired, he worked part-time at a golf course that included playing privileges along with pay. But he stopped working there because the work was interfering with his golfing. Since then he has not thought about working for pay again, he says.

A couple of months ago, Carlene received a call asking if she would help out in an office. She says she replied, "You mean, like, work? I'm still at recess, and the bell hasn't rung yet."

(See more **REDEFINING RETIREMENT** features on pages 5, 8, and 9.)

## "TVARA Quarterly Board Meeting"...continued from Page 1

being made continually to ensure a proper balance of stocks and bonds to help the plan on track.

They said the cost-of-living adjustment for retirees under TVARS is 2.53 percent this year, as approved by the TVARS Board.

In the next several months, TVARS will be conducting two elections for new board members.

Mike Lamb, newly appointed Bicentennial Volunteers Inc. President, gave a brief summary of retiree participation in BVI activities.

Last year, more than 600 retirees were called back to TVA for temporary work assignments.

One hundred retirees from TVA provided Federal Emergency Management Agency disaster sup-

port in 14 states in 2007.

Two hundred volunteer retirees and spouses are involved in teaching water-safety training and in staffing TVA visitor centers.

Information about the TVARA Board meeting will be presented to chapter members in their March programs.

— ROWENA BELCHER



## CHAPTER CHATTER

### (Providing a) Way To Go, Nashville Volunteers

by Alvin Brown  
Chapter President

**T**VARA's Nashville Chapter members recently volunteered efforts to build a wheelchair entry ramp at a home in Clarksville, Tenn.

The well-deserving recipient, Angelea Booker, has had numerous problems that have left her, for all practical purposes, wheelchair-bound.

She suffered a broken leg with permanent damage and possible ampu-

tation. She also recently had triple heart by-pass surgery.

Chapter member Granville Deen recruited fellow retirees and friends to do volunteer work to build the ramp. At the request of the chapter, Bicentennial Volunteers Inc. agreed to cover the cost of materials for this important project.



Granville Deen, ramp recipient Angelea Booker

### Knoxville Changes Include New Meeting Site

by Theresa Habiger  
Chapter President

**T**he Knoxville TVARA Chapter will meet at a new location at its March 13 meeting. The continuing construction on Magnolia Avenue has made it hard for many members to reach the O'Connor Senior Center, where the meetings have been held in the past.

The new meeting location will be at the Fellowship Church at 8000 Middlebrook Pike, about a half-mile east of Gallaher View Road.

The church is a sprawling, one-story tan structure with a green tin roof and is surrounded by parking on all sides.

The meeting will begin at 10:30

a.m., as usual. Signs will make it easy to find the meeting room.

**Expanded program** — Kelly Lawson from the TVA Employee Benefits staff will do a computer demonstration on how to use and where to find healthcare information on the Internet.

Penny Mitchell, Executive Director, Fort Loudoun Lake Association, will discuss opportunities for our members to join forces with her organization and plan cleanup and other activities on the Tennessee River.

**Opportunities for Fellowship,**

**Golf and Door Prizes** — Larry Edwards and Willie Brown are putting together a couple of golf outings for TVA retirees in the Knoxville area.

If there is enough interest, Edwards and Brown will consider setting up a golf league at a later date. If you are interested in participating, come to the March meeting and sign up.

Edwards can be reached by Email at [larryedwards233@comcast.net](mailto:larryedwards233@comcast.net).

Members attending the meeting will be eligible to win one of the three door prizes given away during the meeting — two cash awards of \$25 and one of \$50.

### Chattanooga 'Bag Ladies' Fill Others' Needs

by Rowena Belcher  
Chapter Volunteer Coordinator

**O**nce a quarter, volunteers from the TVARA Chattanooga Chapter join other area retirees in a three-day assembly-line process, bagging grocery staples for disadvantaged families in the community.

Participation in this project, a part of the Department of Human Services Commodities Distribution Program, has been under way for more than a year and has been attracting a growing base of TVARA volunteers.

The challenges of the work — fitting items in the tight spaces of the bags, suffering tired backs and sore legs from standing, and enduring hot and cold seasons working in a ware-

house — are far surpassed by the fellowship found with others and feelings of helping neighbors in need.

Reminiscent of the chant of "Norm!" when a regular character made an appearance in the classic NBC-TV series "Cheers," the TVARA volunteers always hear a warm welcome of "TVA!" when they cross the threshold ready to work.

**Fore for More Fellowship** — On



From left, Chattanooga volunteer food-sackers Alyce Scott, Debra Robertson, Martha Watts, and Deborah Davidson

April 29, the Chattanooga Chapter will host its annual golf tournament at Bear Trace Golf Course in Harrison Tenn. If you would like to participate, Email Dick Crawford at [dickcrawford1032@bellsouth.net](mailto:dickcrawford1032@bellsouth.net).

# It's a Beautiful Day for a Hike in Knoxville

The Knoxville TVARA Chapter is kicking off a spring hiking program and invites area retirees to join in. Hikes being offered range from easy to difficult, so there is something to fit everyone's interest.

## April 5 Hike — Norris Dam

The first hike is on Saturday, April 5, at the Small Wild Area located along the Clinch River west of Norris Dam. Hikers will meet at the Cracker Barrel off I-75 and Merchants Road at 8 a.m. for breakfast and carpooling to Norris. The guided walk is scheduled to begin at 10 a.m. and will be hosted by TVA Heritage Resources.

The trail is a moderately difficult, 3.4-mile loop known for a spectacular array of spring wildflowers, especially yellow trout lilies, celandine poppies, bloodroot, spring beauties, and toothwort. Most of the wildflowers are found on the first mile of the trail, making it possible to turn

around if you are looking for an easy hike.

To reach the River Bluff TVA Small Wild Area, take the Lake City exit (No. 128) off I-75 north of Knoxville. Follow U.S. 441 past the Norris Dam State Park entrance on the left and continue about ¾ mile to Dabney Road on the right. Turn onto Dabney Road, bear to the left, and the Small Wild Area trailhead parking area is about ¾ mile from U.S. 441.

## May 8 Hike — House Mountain in Knoxville

The second hike is on Thursday, May 8, at House Mountain State Natural Area off Rutledge Pike in east Knox County. Hikers will meet at the Cracker Barrel near East Town Mall at 8 a.m. for breakfast and carpooling. We are recommending carpooling, since there is limited parking at the trailhead. The hike will begin around 10 a.m.

This is a difficult trail — a 4-mile

loop on unpaved, somewhat steep terrain. The top of House Mountain provides a scenic view of much of east Knox County.

## June 26 Hike — Forney Ridge Trail in the Smokies

The third hike is on Thursday, June 26, at the Forney Ridge Trail in the Smoky Mountains. Hikers will meet at 7:30 a.m. at the Cracker Barrel off I-40 at Strawberry Plains Parkway, for breakfast and carpooling. The hike is scheduled to begin at 10 a.m. and will leave from Clingmans Dome Parking Area. This is a moderate, 3.6-mile hike to Andrews Bald, where the flame azaleas and Catawba rhododendrons put on a show in mid- to late June.

Sign up for the hikes by calling Reba Whitson at 632-3318 or Email her at [rjwhitson@tva.gov](mailto:rjwhitson@tva.gov). Send your name and phone number, so we can keep you informed.

— THERESA HABIGER

# Clark Retires from TVA, Not from Work



Randy Clark, in his motorcycling attire

What's that saying we use to describe the Energizer Bunny ... something like "Keeps going, and going, and going ..."? Well, if that rabbit had a human counterpart, he could be **Randy Clark**.

Like Sam and Carlene Henry (see story on page 3), Clark has found a common worry of entering retirement not to be true.

"Life as a retiree is a lot busier than I ever thought it would be," says Clark, who lives in Camden, Tenn. "There's something new every day, and it's never dull."

Unlike the Henrys, he

says his plans for the future did include a return to work — a lot of work.

One might think that after 32 years with TVA and various moves around the Tennessee Valley, Clark would

have thought he had had enough.

His start to a long career was in TVA's coal-plant operations,

where he grew through the ranks of Unit Operator, Assistant Shift Engineer and Shift Engineer. He progressed to Operations Superintendent at TVA's Paradise and Johnsonville fossil plants and served as Interim Plant Manager at Johnsonville in 1999.

While TVA's Fossil Power Group was implementing the Production Management concept, he rotated

## REDEFINING RETIREMENT

Continued on Page 8



# TVA Act Was Solution That Electrified the Valley

On Jan. 21, 1933, President-elect Franklin Delano Roosevelt visited Muscle Shoals, Ala., the site of a 14-year controversy dating back to World War I.

The problem was just what to do with two synthetic-nitrate plants and a hydroelectric facility, built — but never used — for the war effort.

The National Defense Act of 1916 authorized President Woodrow Wilson to build the facilities. That was because of Congress's concern that the supply of imported nitrates used in explosives might be cut off by the German Navy if the United States entered the war.

But the war ended before the facilities could go online, and thus began the controversy surrounding these expensive investments of taxpayer money.

Henry Ford, the automobile giant, offered \$5 million for them, reportedly with the idea of reselling them for 40 times that much. But while then-President Calvin Coolidge was said to be responsive to that idea, many in Congress weren't. Many, including U.S. Sen. George W. Norris (R-Neb.).

Norris, who headed the Senate's Agriculture & Forestry Committee, opposed the sale to Ford because,

as he said, "I am unwilling to give away the birthright of millions of unborn citizens for the enrichment of private corporations at the expense of the taxpayers of America."

Twice Norris was able to get congressional approval for public operation of the plants and dam. Twice — once by Coolidge and once by President Herbert Hoover — the bills were vetoed.

Then came Roosevelt, a Democrat whose New Deal ideals embraced the Republican senator's vision. And in Montgomery, Ala., the night of his visit to Muscle Shoals, Roosevelt let it be known that the long-idle facilities were part of a broader plan for the region. It was a plan that would establish a world-renowned center producing nitrates not for instruments of war but for fertilizer.

"With the help of Congress, we are going to put the Tennessee Valley back on the map," Roosevelt said. "We will make Muscle Shoals a part of an even greater development that will take in all the Tennessee River from the mountains of Vir-

ginia to the Ohio River ...

"We will tie industry, agriculture, forestry, and flood control into one great development."

On May 18, 1933 — a little less than five months later, with Senator Norris and members of the Tennessee Valley congressional delegation at his side — President Roosevelt signed the TVA Act. And the rest is 75 years of TVA history.

*(This account was drawn from "THE TVA ACT: a far-reaching, far-sighted plan," by Daniel Schaffer in the May 17, 1983 issue of Inside TVA.)*



A TVA shovel is used to prepare a roadway at the Norris Dam site on Oct. 30, 1933.



From left, the members of the first TVA Board of Directors were Harcourt Morgan, Chairman A.E. Morgan, and David Lilienthal.



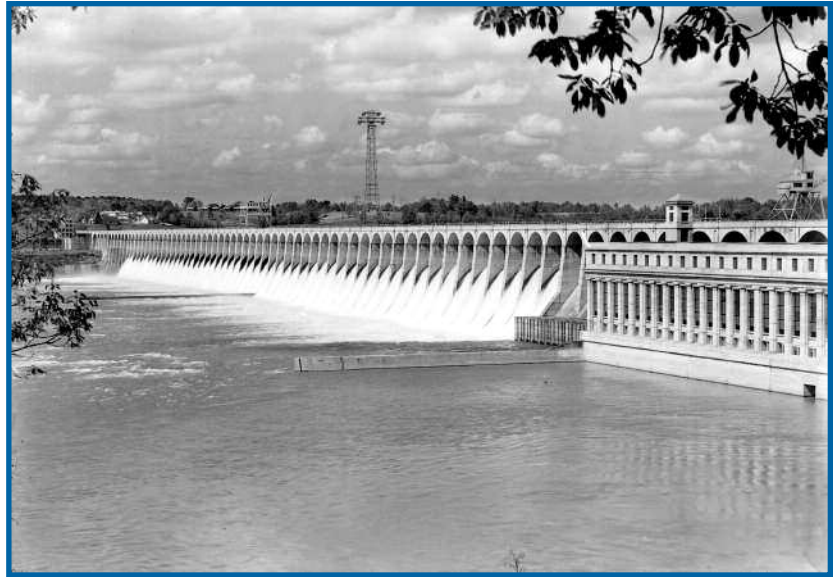
TVA Historian Patricia Bernard Ezzell says this Oct. 23, 1933, Lewis Hine photo of the Stooksberry homestead near Andersonville, Tenn., is one of the most requested images from TVA's photograph collection. Ezzell says this photo "is often used to illustrate life in Appalachia" before TVA spread electricity throughout the Tennessee Valley.



With Sen. George W. Norris at his left shoulder, President Franklin Delano Roosevelt signs the TVA Act on May 18, 1933.



President Roosevelt, wife Eleanor, and TVA Chairman A.E. Morgan are taken on a tour of the Norris Dam construction site in 1934.



Wilson Dam, constructed in Muscle Shoals as part of a plan to defend the nation, instead became part of a TVA system providing hydroelectricity to the Tennessee Valley.

The photos on these pages are courtesy of TVA and were provided by TVA Historian Patricia Bernard Ezzell. She is the author of "TVA Photography: Thirty Years of Life in the Tennessee Valley," published in 2003. She also has produced a second book, "TVA Photography, 1963-2008: Challenges and Changes in the Tennessee Valley," which should be available this fall. The University Press of Mississippi ([www.upress.state.ms.us](http://www.upress.state.ms.us)) is the publisher of both books.



Personnel's E.H. Elam (third from left) talks with potential TVA employees at Stiner's Store in Lead Mine Bend, Union County, Tenn., in this Nov. 8, 1933 photo.

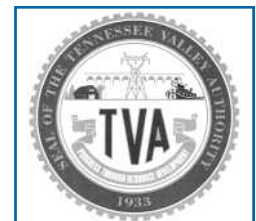
## TVARA SEALS DEAL ON TVA 75TH-YEAR PINS

**T**VARA members have a special opportunity to pay early tribute to TVA's 75th-year celebration.

TVARA has a limited supply of commemorative TVA seal pins for sale at a

cost of only \$5 each.

They will be available on a first-come, first-served basis at the March chapter meetings throughout the Tennessee Valley.



### "TVA Turns 75"...continued from Page 1

observances being planned are the following:

- The TVA Board will meet in Muscle Shoals during May to mark the historic occasion with a celebration that expects to include customers, elected officials, retirees and other stakeholders.
- Bicentennial Volunteers Inc. will debut the special documentary commissioned to acknowledge the

tremendous impact TVA has made on the Valley. A series of premieres is being scheduled in major Valley cities, and retirees will be invited.

- Significant events from TVA's past will be featured on a new Website, where viewers will be able to download information and photos.
- Anniversary merchandise will be available to employees and retirees.
- Anniversary scholarships will be

awarded to students across the Valley.

- TVA will produce a special commemorative issue of *Inside TVA Retirees Edition*.

"TVA has respect and appreciation for the many contributions made by its retirees," Bell says. "Without them, TVA would not have a legacy of expertise and service that reaches around the world."



# Good Planning Means the World to Scott

A more recent retiree, **Alyce Scott** of Chattanooga, Tenn., shares the same experiences of Carlene and Sam Henry and Randy Clark (see stories on pages 3 and 5).

Retirement has many new life experiences to offer those willing to explore.

In fact, after retiring in 2006 after 26 years with TVA, Scott has sights on faraway places.

Her plans include “traveling around the world — I have already traveled halfway around the world, and now I want to travel the other half.”

Thoughtful planning well in advance has helped her achieve the life she now enjoys.

Ten years ago she might not have believed this.

“I was afraid to retire,” she says. “I thought I needed to work forever until I began looking at my 401(k) and moving some things around.

“I also started setting some goals for myself, then I knew things would happen.

“I still have goals, but I don’t have to

worry about saving a lot of money, just maintaining, and enjoying what I have worked so hard for.”

The importance of setting goals for one’s future is a good piece of advice Scott offers anyone considering retirement.

Like Randy Clark, she has also been busy balancing volunteer work with some paid opportunities.

Activities include various projects with the TVA Retirees Association (a sample which is seen in the photo on page 4), volunteering as a receptionist for the Urban League of Greater Chattanooga, participating in AARP’s regional impact teams, and volunteering for the Matthew 25 ministry at her church.

She recently signed a short-term contract with the Retiree Resources Corp. through Bicentennial Volunteers Inc., to go back to work at TVA.

“I am enjoying it — especially knowing that it is temporary,” Scott says. “I actually like getting up early every morning going into work at the Chattanooga downtown complex,



*Alyce Scott, wearing her Red Hat*

since I never worked in the downtown office before.

“It stimulates my mind (after a certain age we need to keep the mind active), it makes me feel good, and I am counting my blessings every day.”

And finally, she has even acquired a new style to celebrate this time in her life.

“I am a member of the national Red Hat Society,” she says. “We are all about fun, frolic and fellowship. We wear red hats and purple clothing, and we travel and celebrate life.”

— ROWENA BELCHER

## REDEFINING RETIREMENT

## “The trouble with retirement is you never get a day off.”

— *Legendary college basketball coach Abe Lemons*

### “Clark Retires from TVA”...continued from Page 5

into the plant-engineering area and served as Engineering Manager for two years.

With growing emergent work in TVA’s Combined Cycle plants, Clark volunteered to head the Tullahoma, Tenn., site and then supported the New Generation division.

He retired in 2004.

After a short time to catch his breath, Clark was ready to put his experience back to work.

“I was called back as a contractor when TVA bought the Gleason Generating Station from Allegheny

Power,” he says. “I served as Plant Manager during the transition of the plant in 2007.

“This was a great adventure because the engines were bigger than anything TVA has had to date.”

Clark’s ongoing work includes many, many hours of the unpaid kind — driven not by a paycheck, but by passion.

He is serving his second term as President of TVARA’s Johnsonville Chapter; he provides leadership to his local district as County Commissioner; he chairs both the

Solid Waste and Insurance boards of Benton County, Tenn.; and he does take some time to mix a little fun with business as Secretary of the Christian Motorcyclist Association, in Johnsonville.

Appropriate to the latter activity, this busy man offers the following advice to folks wondering what to do next:

“Buy a motorcycle and let the wind blow through your hair — if you have any when you retire — turn the music up loud, and ride on!”

— ROWENA BELCHER



# GRISHOM FINDS PLENTY TO FILL FREE HOURS

**A**s Louise Grishom of Chattanooga has already found in a short time, retirement “feels like being on vacation!”

Grishom departed her 15-year career and position as Manager, Relocation Services, in January of this year.

Like many of us, her biggest concern about a new life beyond TVA was the social change that comes from the lack of daily interaction with longtime friends.

It has not taken her long to adjust

## REDEFINING RETIREMENT

well to the free time by developing interests and activities (“other than organizing my home”) to fill the hours normally

occupied by work.

Looking ahead, what excites Grishom most about being a retiree?

“I love the personal freedom of being able to attend functions with children, grandchildren, and friends without the constraints of a daily work schedule,” she says. “Every day now feels like Saturday!”

— ROWENA BELCHER



Louise Grishom, enjoying everyday “vacation”

## “Retire? I’m going to stay in show business until I’m the only one left.”

— Comedian George Burns

## TVA SEEKS POWER REDUCTION IN 2008

For 2007, a key initiative of the TVA Board was working with TVA’s leadership in developing and adopting an updated TVA Strategic Plan.

This plan focuses on the specific goals of meeting the region’s growing power needs reliably and using sound financial principles.

The plan includes a renewed commitment to energy efficiency and energy conservation.

Improving energy efficiency and reducing peak power demands are significant actions that can be cost-effective and help address air quality and other environmental concerns.

In August, TVA met 22 peaks above 30,000 megawatts, including its top 13 peak power demands of all time, topped by a record of 33,482 megawatts on Aug. 16.

As part of its commitment to be a leader in energy efficiency and power-demand reduction, TVA has set a goal of reducing power demand by 64 megawatts in 2008. That will be followed by a 5-to-10-year plan to further reduce demand, to be developed in partnership with

distributors and other stakeholders across the Valley.

*(Excerpts from the TVA Annual Report 2007.)*

### Free Energy-Efficiency Kits Offered to Consumers

To support this initiative, in January TVA and local power distributors announced mailing a free energy-efficiency kit (while supplies last) to Tennessee Valley consumers who complete a do-it-yourself Home Energy Audit.

Consumers who use all the contents of the energy-efficiency kits could see savings ranging from \$2 to \$4 on monthly power bills, depending on their individual energy use. If residents follow all of the recommendations from the audit, they could save as much as 20 percent on monthly power bills.

Each efficiency kit includes a comprehensive “How to Save” brochure, two compact fluorescent light bulbs, which use 75-percent less electricity and last 10 times longer than traditional light bulbs, as well as the fol-

lowing:

- A filter whistle that sounds when the heating- or cooling-system filter is 80-percent clogged and needs to be changed
- Outlet and light-switch gaskets — insulation to help stop drafts and save energy
- Faucet aerators (two) — water-saving filters that improve efficiency
- Hot-water temperature card that measures temperature of hot tap water and indicates if thermostat adjustment is needed to save money and prevent water scalds
- Energy-use thermometer gauge that helps check energy costs for heating and cooling. Each degree that thermostats are set back eight hours a day can reduce heating bills by as much as 3 percent and up to 5 percent on cooling bills.

Information on energy-efficient technologies, cost-saving tips, an energy-resource library and do-it-yourself cost comparisons are available at [energyright.com](http://energyright.com).

*(Excerpts from the Jan. 17, 2008 TVA Today electronic newsletter.)*

# In Memoriam

(October-December 2007)

**T**VA Retirement Services received notifications of the deaths of the following retirees during the fourth quarter of last year. They are listed with date of death (and date of retirement).

**Acklain, Robert L.,**  
12/09/2007 (05/29/2004)  
**Barber, James C.,**  
11/03/2007 (07/03/1976)  
**Bradley, Lee W.,**  
10/27/2007 (01/07/1984)  
**Brake, James O.,**  
10/28/2007 (04/15/1986)  
**Burnette, Henry C.,**  
12/09/2007 (03/29/1992)  
**Camplin, Billy D.,**  
11/23/2007 (10/13/1993)  
**Cook, Robert M.,**  
10/24/2007 (02/01/1976)  
**Dance, Tommy L.,**  
11/13/2007 (09/10/1983)  
**Farmer, Jeanette T.,**  
11/01/2007 (06/02/1990)  
**Fitzgerald, Willie L.,**  
12/02/2007 (08/02/1988)  
**Foote, Alfred F.,**  
10/07/2007 (06/05/1982)  
**Gardner, Oscar D.,**  
02/13/2007 (01/29/2001)  
**Gray, Howard M.,**  
10/14/2007 (09/28/1985)  
**Griffin, Early, Jr.,**  
11/10/2007 (01/09/1988)  
**Griffin, Herman E.,**  
11/04/2007 (10/01/1988)  
**Harmon, William W.,**  
12/03/2007 (08/02/1988)

**Henley, Joe R., Sr.,**  
12/12/2007 (12/27/2002)  
**Holmes, Curtis G.,**  
12/03/2007 (01/09/1982)  
**Jenkins, Robert G.,**  
11/09/2007 (07/18/1985)  
**Lee, Nathan,**  
12/12/2007 (01/01/1995)  
**Lemons, Samuel J.,**  
11/15/2007 (07/14/1979)  
**Lewis, Annie P.,**  
11/13/2007 (07/03/2004)  
**Logue, Robert L.,**  
11/13/2007 (10/01/1982)  
**Mauldin, Francis P.,**  
12/06/2007 (01/10/1981)  
**McBee, Shelby,**  
11/06/2007 (05/17/1975)  
**Nichols, Clyde,**  
11/19/2007 (07/30/1988)  
**Nussbaumer, William H.,**  
11/07/2007 (11/29/1992)  
**Orr, Eben A.,**  
12/05/2007 (06/24/1985)  
**Palmer, Robert A., III,**  
10/05/2007 (03/19/1988)  
**Parker, Loretta M.,**  
12/04/2007 (06/02/2001)  
**Reeves, James E.,**  
10/26/2007 (02/06/1988)  
**Riddle, George E.,**  
11/19/2007 (08/16/2001)

**Satterwhite, John W.,**  
11/12/2007 (07/24/1982)  
**Smith, Alvin R.,**  
11/12/2007 (09/12/1983)  
**Stanphill, Tommie M.,**  
11/03/2007 (10/21/1978)  
**Tate, Nathan W.,**  
12/18/2007 (05/06/1992)  
**Thompson, Wallace,**  
11/06/2007 (04/12/1981)  
**Turner, Henry Delmas,**  
09/24/2007 (05/01/1973)  
**Walker, Wendell B.,**  
11/26/2007 (unknown)  
**Warwick, Robert E.,**  
11/20/2007 (12/28/1991)  
**Watkins, Tommy L., Jr.,**  
11/12/2007 (09/20/2000)  
**White, Carolyn M.,**  
11/24/2007 (10/17/1994)  
**Wille, Rudolph,**  
11/17/2007 (04/02/1988)  
**Williams, C. Creighton,**  
12/03/2007 (10/01/1977)  
**Wills, William C.,**  
11/18/2007 (09/30/1988)  
**Wyatt, Herbert E.,**  
11/23/2007 (01/21/1984)

# Be Alert at Intersections

**I**ntersections are busy places with many hazards. They are where most crashes involving older drivers occur.

Nearly one in every four crashes involving people in their 40s occurs in intersections. For drivers 75 and older, at least 40 percent of fatal crashes occur in an intersection and involve more than one vehicle, and this percentage increases with driver age.

Peripheral (side) vision and depth

perception (the ability to judge the speed and distance of oncoming traffic) diminish with age. Both are key for intersection safety.

Do you sometimes say to yourself, "That car came out of nowhere"?

When making a left turn at an intersection, are you ever surprised by the speed of the oncoming vehicles as they move toward you?

When making a right turn at an intersection, do you sometimes strike the curb or run over it?

Does glare present a problem when you are driving during the day or at night?

When you are approaching an intersection, do you find that traffic signals or control signs appear to be blurred?

If the answers to these questions were mostly "yes," it might be time to schedule an appointment with your eye doctor.

(Excerpts from AARP Driver Safety Program workbook.)

# UPCOMING CHAPTER MEETINGS

## **BROWNS FERRY**

**March 11, 6 p.m.**

Catfish Cabin II, Hwy. 72, Athens  
Lynne Hart, Executive Director KALB  
Recycling and environmental updates

**Terry Chinn, President**

256-230-3660

[elklulu@hughes.net](mailto:elklulu@hughes.net)

## **CHATTANOOGA**

**April 8, 10 a.m.**

Brainerd United Methodist Church  
Attorney Dana Perry to discuss

"Asset Protection with  
Rising Healthcare Costs"

**Tom Swanson, President**

423-344-6892

[twswanson@comcast.net](mailto:twswanson@comcast.net)

## **CLEVELAND**

**March 14, 10 a.m.**

First Baptist Church  
Adult Ministries Center  
Medical Center Pharmacy Wellness Program

**Bill Rievley, President**

423-479-9409

[billrievely@peoplepc.com](mailto:billrievely@peoplepc.com)

## **FLORIDA**

**Autumn 2008**

Lakeside Inn, Mount Dora, Fla.

Annual luncheon meeting  
Program to be announced

**Patrick Hughes, President**

321-392-3097

[Patngigi@yahoo.com](mailto:Patngigi@yahoo.com)

## **GALLATIN**

**March 12, 1 p.m.**

King Solomon Masonic Lodge  
East Main Street  
Sumner County Sheriff Bob Barber &  
Chief Deputy Sonny Weatherford,  
guest speakers

**Alfred R. Goguen, President**

615-325-6938

[goguen68@comcast.net](mailto:goguen68@comcast.net)

## **HUNTSVILLE**

**March 13, 10 a.m.**

TVA Offices, 4950 Corporate Dr.  
Suite 125F (Ph. 256-430-4800)  
Discussion of Valleywide meeting

**Leonard W. Bynum Jr., President**

256-539-5454

[landsbynum@comcast.net](mailto:landsbynum@comcast.net)

## **JACKSON**

**March 12, 10 a.m.**

St. John's Masonic Lodge  
1341 N. Highland Ave.

Program to be announced

**Reggie Barnett, President**

731-668-0680

[rbarnett33@bellsouth.net](mailto:rbarnett33@bellsouth.net)

## **JOHNSONVILLE**

**March 13, 10:30 a.m.**

4 Seasons Restaurant  
New Johnsonville  
Program to be announced  
**Randall W. Clark, President**

731-584-7629

[rwclark25@charter.net](mailto:rwclark25@charter.net)

## **KINGSTON**

**March 24, 10:45 a.m.**

Kingston Community Center  
Program to be announced

**Glen Brummitt, President**

865-882-1581

[glennpatsyB@comcast.net](mailto:glennpatsyB@comcast.net)

## **KNOXVILLE**

**March 13, 10:30 a.m.**

New location  
Fellowship Church  
8000 Middlebrook Pike  
Kelly Lawson, TVA Employee Benefits  
Computer demo on how to access  
healthcare information on the Internet  
Penny Mitchell, Fort Loudoun Lake Association  
Tennessee River cleanup activities

**Theresa Habiger, President**

865-777-1409

[thabiger@charter.net](mailto:thabiger@charter.net)

## **MEMPHIS**

**March 18, 11:30 a.m.**

Ryan's Family Steakhouse  
3813 Germantown Rd. Ext.  
Discuss Valleywide meeting minutes

**David L. Teuton, President**

901-212-3822

[dlteuton@yahoo.com](mailto:dlteuton@yahoo.com)

## **MISSISSIPPI**

**March 11, 10:30 a.m.**

Tupelo TVA Customer Service Center  
Emergency survival techniques

**Joe Boehms, President**

662-842-7755

[joefbeams@comcast.net](mailto:joefbeams@comcast.net)

## **MUSCLE SHOALS**

**March 18, 10 a.m.**

ERC Auditorium  
Muscle Shoals Reservation  
Program to be announced  
**Debbie Norton, President**

256-764-8410

[deb35630@comcast.net](mailto:deb35630@comcast.net)

## **NASHVILLE**

**March 12, 10 a.m.**

Nashville Customer Service Center  
1195 Antioch Pike

Program to be announced

**Alvin R. Brown, President**

615-370-9015

[abrownsr@bellsouth.net](mailto:abrownsr@bellsouth.net)

## **NORTHEAST ALABAMA**

**March 11, 10 a.m.**

Mud Creek Restaurant  
Discussion of Valleywide meeting  
**Charles A. Roper, President**

256-495-2992

[artro@juno.com](mailto:artro@juno.com)

## **PADUCAH AREA**

**March 18, 10 a.m.**

Pizza Inn, 1001 Joe Clifton Dr.  
Long-term care and estate planning  
Edward Jones, guest speaker

**Clinton Horton, President**

270-354-9346

[jnakylake@mshsi.com](mailto:jnakylake@mshsi.com)

## **PARADISE**

**March 11, 10:30 a.m.**

Catfish Dock, Powderly, Ky.  
Review of Feb. 7 TVARA Board meeting  
Guest speaker from Merrill Lynch

**Darrell K. Sisk, President**

270-934-8381

[thesisks@logantele.com](mailto:thesisks@logantele.com)

## **PICKWICK**

**March 18, 10 a.m.**

Pickwick Landing Inn  
"Organizing Your Money  
by Good Investment Practice"  
Obie Ugboaja, guest speaker  
from Merrill Lynch

**Charlotte Daniel, President**

662-423-5377

## **UPPER EAST TENNESSEE**

**March 13, 11 a.m.**

Golden Corral Restaurant, Morristown, TN  
Discussion of Financial Report from December

**Kenneth "Ken" Rice, President**

865-377-3078

[Ken2kaye2r@comcast.net](mailto:Ken2kaye2r@comcast.net)

## **WATTS BAR**

**March 10, 10:30 a.m.**

Winstead's Restaurant  
Spring City, Tenn.  
(call 423-365-9048 for reservations to eat)  
"Managing for Secure Retirement"

Obie Ugboaja, guest speaker  
from Merrill Lynch

**Kathleen Garrison, President**

423-365-9048

[eddiekathleen@bellsouth.net](mailto:eddiekathleen@bellsouth.net)

## **WESTERN AREA**

**March 19, 10:30 a.m.**

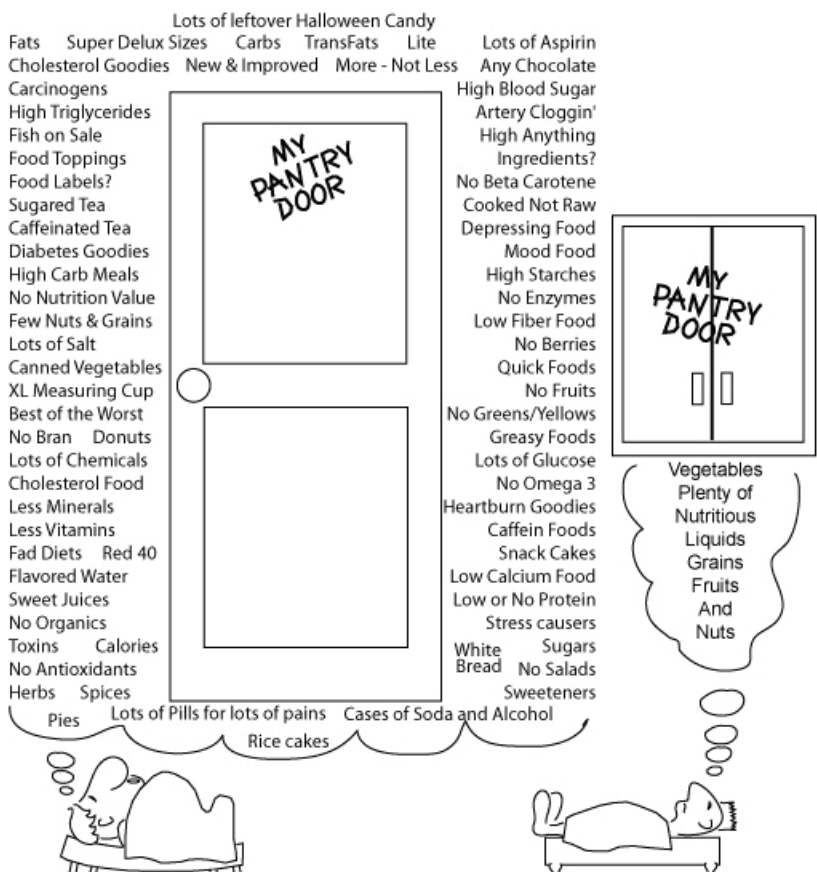
Paris Landing State Park  
California trip and return train ride  
Slide show by Keith & Debbie Pardue

**Paul L. Russell, President**

731-642-1222



# Clem & Slim by Paul Millican



## Don't forget to renew your membership

Retirees are encouraged to renew their membership in the TVA Retirees Association or, if you haven't done so, to join TVARA.

To save on postage and envelopes, you can do so at your next chapter meeting.

Dues are \$15 per year. Or you might want to take advantage of the special TVARA member renewal offer of three years for \$40.

### TVARA News

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page 11).  
President (this information is included on  
or contact your local TVARA Chapter.  
Contact [tvra@tva.gov](mailto:tvra@tva.gov), call 865-632-3318,  
**TVARA Membership or Newsletter Information**

Call toll-free @ 1-888-275-8094  
Call Employee Service Center  
**Medical and Drug Coverage**  
or visit Website @ [www.tva.gov/retireeportal](http://www.tva.gov/retireeportal)  
Call toll-free @ 1-800-824-3870  
Call TVARA Retirement System  
**Pension Benefits and 401(k) Accounts**  
For information Regarding:

Call toll-free @ 1-800-824-3870  
Knoxville, TN 37902  
400 W. Summit Hill Drive  
TVA Retirement System  
**For Address Changes Notify:**

Knoxville, TN 37902  
400 West Summit Hill Drive WT2A

**Retirees Association**  
The Tennessee Valley Authority



The TVA Retirees Association is the official organization of all TVA retirees. It was organized to serve the varied mutual interests of TVA and its retirees, or their beneficiaries, and to help keep them informed of TVA developments affecting their interests. It has been recognized by TVA as the responsible representative of retirees in conveying retiree views.

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